

Grant Regulations for the Dr Anna Terruwe Fund

Version 2.0 September 2024

1. Dr Anna Terruwe Fund

Anna Terruwe (1911-2004) established herself as a psychiatrist in Nijmegen in September 1945. In her practice, she concentrated on psychotherapy, a specialism that was developing rapidly in the post-war Netherlands. Through contact with patients, she developed affirmation as a central principle in treatment. Her basic philosophy was that someone could only develop into a human being with a healthy sense of self-esteem through deeply human, genuine encounters with others. If people meet each other with respect and without expecting anything in return, they will then experience each other and themselves as good and valuable people. Through numerous publications, Anna Terruwe sought to systematise the operation of affirmation as a therapeutic principle into a doctrine. Her insights fit within broader developments in post-war psychiatry and psychology. Her philosophy continues to be relevant in the wide range of current issues troubling (young) people in today's digital age: contact with others, self-esteem and authenticity.

The Dr Anna Terruwe Fund (ATF), founded in 2022 as a named fund within the broader Radboud Fund, seeks to enable the philosophy of Dr Anna Terruwe to live on, to gain attention, to be translated into the current scientific and societal context and to be further developed.

To achieve this objective, the Anna Terruwe Fund supports activities including research, education and related societal services in the field of mental health (in a broad sense) within or on behalf of Radboud University and Radboud university medical center. These activities must be connected to the philosophy of Dr Anna Terruwe and must build on this in today's context. This primarily offers possibilities for the human sciences, such as psychology, sociology, pedagogy, psychiatry, political science, philosophy and religious studies.

2. Grants

In these grant regulations, the way in which the Anna Terruwe Fund awards grants is described. This description includes the grant types, calls, preconditions, assessment criteria, procedures and time frames.

2.1 Grant types

The ATF awards three types of grant:

1. *PhD or AGIKO grant*

The PhD grant is intended to give talented researchers (following a Research Master's) the opportunity to obtain a PhD at Radboud University based on research inspired by, or better still, related to the objective of the Anna Terruwe Fund.

2. *Postdoc grant (two-year)*

The aim of this grant is for young researchers to develop into independent researchers. This grant is intended for researchers who have recently obtained their PhD or will soon do so and who would like to develop within social services in the field of mental health.

3. *Project grant focused on valorisation, dissemination of knowledge*

This grant enables researchers, students, teaching staff, policy officers and professionals in the mental health or social services sectors to carry out a project in which Anna Terruwe's philosophy is translated, applied or conveyed to a wide audience in a contemporary manner. Examples could

include applied projects such as a symposium, training course for professionals or podcast, etc.

2.2 Calls

The Anna Terruwe Fund awards grants via calls for applications. It is not possible to apply outside these calls.

The first call was published in autumn 2023, the second in autumn 2024 and the final call has yet to be determined.

The basic principles of these grant regulations apply to all calls. The Anna Terruwe Fund has the freedom to focus a call on a specific target group or theme.

For each call, the following characteristics and conditions will be clearly stated:

- the time frame of the call;
- the budget available and its purpose (personnel costs, material costs, etc.);
- the content focus: whether a specific scientific field is desired, or not;
- the target group: whether a specific target group is desired, or not;
- the procedure and manner of assessment.

2.3 Preconditions

A project, PhD project or research project must have a consortium leader within Radboud University or Radboud university medical center, who manages the project, is responsible for its progress and reports on this progress to the fund at agreed times.

The Anna Terruwe Fund encourages collaboration with other universities, practical institutions and other stakeholders. In applications involving multiple parties, the way in which the project is institutionally anchored within Radboud University and/or Radboud university medical center must be clearly indicated.

1. *PhD or AGIKO grant*

- The “ATF PhD or AGIKO grant” form must be used to submit an application;
- An application can be submitted by a candidate in the final year of their Master’s programme or during their medical specialist training programme;
- An application includes a Dutch and English summary (both up to 150 words). The summaries must be written in language that non-academics can understand and will be used for communication and fundraising purposes directed towards the general public. In addition, the summary is intended for referees and must contain all the necessary elements based on which a referee can decide whether they can assess your application;
- Start of PhD: no later than 1 September in the year following publication of the call;
- The terms of employment for PhD candidates at Radboud University apply.
- Necessary attachments:
 - ✓ CV;
 - ✓ Letter of recommendation from the (prospective) PhD supervisor;
 - ✓ Letter of approval from the Director of Research or the head of the research group stating that the institute/centre will accept and embed the project and duly complete it;
 - ✓ External and internal budgets in standard Radboud University / Radboud university medical center format.

2. *Postdoc grant*

- The “ATF Postdoc grant” form must be used to submit an application;
- An application can be submitted by candidates who obtained their PhD no more than

three years ago. If you have not yet obtained your PhD, your PhD thesis must at least have been approved by the Doctoral Examination Board;

- The research must be embedded in a research programme at one or more of Radboud University's faculties;
- The prospective supervisor (programme leader) must confirm that the research can be conducted within their programme and that they will support it, and they must also add a recommendation;
- You must clearly describe your own contribution to the research;
- The project duration may be a minimum of two and a maximum of three years;
- The time you will work on the research must equate to at least 0.6 FTE;
- Your research project must start at least one and no later than six months after written confirmation of the grant provision;
- The terms of employment of Radboud University / Radboud university medical center apply;
- Necessary attachments:
 - ✓ CV;
 - ✓ Letter of recommendation from the (prospective) supervisor;
 - ✓ Letter of approval from the Director of Research or the head of the research group; this should address your future prospects with Radboud University / Radboud university medical center;
 - ✓ External and internal budgets in standard Radboud University / Radboud university medical center format.

3. Project grant

- The "ATF project grant" form must be used to submit an application;
- An application can be submitted by individual researchers, by research groups, by teaching staff or other degree programme staff, and by students, etc., provided that they are affiliated with Radboud University and/or Radboud university medical center;
- The project for which the grant is being applied for must be anchored within the department, institute or faculty, etc. This must be evidenced by a letter of support from the Director of Education;
- It is possible to submit an application from an institution separate from Radboud University or Radboud university medical center provided that there is a partnership with Radboud University or Radboud university medical center, or provided the applicant is working under the responsibility of an employee of Radboud University or Radboud university medical center;
- A maximum of one application may be submitted per individual per grant round; it is also not possible to apply as a co-applicant on multiple applications or as a lead applicant or co-applicant.
- Necessary attachments:
 - ✓ Letter of support from the Director of Research or the head of the research group.

2.4 What amount can you apply for?

In each grant round, there is budget available for 1 PhD, AGIKO or postdoc grant of up to €250,000 and 3 project grants of up to €25,000 each.

Additional conditions regarding the budget:

1. PhD, AGIKO or postdoc grant

- You can apply for up to €250,000.
- Applications for more than €250,000 cannot be considered.
- The budget is primarily intended to cover the salary costs of the PhD/AGIKO candidate or

the postdoc.

- Up to €30,000 can also be used within the €250,000 for material costs necessary to conduct the research / collect data.
- The budget does not allow for a bench fee, conference costs, or costs for international travel or lengthy foreign visits, etc.
- The only material costs that can be applied for alongside the salary are those necessary to generate the data set on which the PhD thesis will be based.
- Will you also receive funding from other parties? If so, please explain this in your application.

2. Project grant

- You can apply for up to €25,000.
- This grant allows you to fund projects aimed at valorisation and/or the dissemination of knowledge. Both material and personnel costs can be reimbursed, whereby it is important to provide a clear breakdown of the costs without contingencies or unclear estimates.
- Only the directly necessary costs of a project, with no mark-up for overheads, will be eligible for the grant.
- Applications for additional funding, equipment costs and overheads will not be considered.
- Will you also receive funding from other parties? If so, please explain this in your application.

The following costs are definitely not eligible for reimbursement:

1. Equipment (computers, measuring equipment, analytical equipment, etc.);
2. Printing costs for PhD thesis;
3. General (laboratory) facilities (overheads) and the resulting costs;
4. Software and similar costs;
5. We will not reimburse travel or accommodation expenses, including food, drinks and commuting, for conference attendance by PhD candidates;

Other costs will be at the discretion of the advisory committee.

2.5 Accountability

When a grant is awarded, the documentation will specify at which times the Anna Terruwe Fund must receive an (interim) report on the progress of the PhD/research/project and when it must receive the final report.

Every report must contain a substantive and a financial part and will be discussed by the Anna Terruwe Fund's advisory committee.

3. Assessment procedure and criteria

Submitted applications will be assessed by the Anna Terruwe Fund's advisory committee. The advisory committee will advise the board of the Radboud Fund, which will award the grants.

Criteria and conditions for submission

- You can apply for a grant no more than twice.
- Your application must be complete and contain all the relevant information required for proper assessment. If your application lacks essential components, the Anna Terruwe Fund reserves the right not to consider your application.

3.1 PhD or AGIKO grant; postdoc grant

There are three steps to the assessment of these applications:

1. The applications will be assessed by the advisory committee based on the following aspects:
 - a. Research idea
 - theoretical underpinning of the research idea;
 - research plan, action plan;
 - b. Social relevance
 - social/societal impact and added value;
 - application in terms of impact: what is the expected usefulness of the anticipated results in relation to mental health or wellbeing in the Netherlands (practice, education, policy)?
 - c. Feasibility
 - d. Connection to the philosophy of Anna Terruwe
 - e. Motivation/CV of the candidate
 - your motivation as to why you are suited to realising your research idea;
 - previous activities and progress that support your motivation.
2. The candidates of the best-rated applications will be invited to an interview with the advisory committee. During this interview, the candidates will present their research proposal and answer questions from the advisory committee.
3. The advisory committee will make a choice and recommend this to the board of the Radboud Fund, which will formally award the grants.

3.2 Project grant

There are two steps to the assessment of these applications:

1. The applications will be assessed by the advisory committee based on the following aspects:
 - a. theoretical underpinning and background;
 - b. action plan;
 - c. social relevance;
 - d. connection to the philosophy of Anna Terruwe;
 - e. feasibility;
 - f. budget.
2. The advisory committee will make a choice and recommend this to the board of the Radboud Fund, which will formally award the grants.

4. Submission

Applications must be submitted to Lisette Pals, the administrative secretary of the advisory committee of the Anna Terruwe Fund: lissette.pals@ru.nl

Incomplete applications and applications received after the closing date for a call will not be considered.

5. More information?

Do you have any questions? If so, please contact Lisette Pals, at lisette.pals@ru.nl