

# Internships Abroad

Wednesday 8 October 2025  
Amy Ruiters

# Programme

**Organisation of your stay abroad**

**Finding an internship**

**Checklist**

**Student experiences**

- **Iris van Vlimmeren**
- **Anouk Stevens**
- **Béla Boxman**

# Make it fit & make it happen

*Ideally start the preparations about 1.5 years before departure*

**No specific deadline to apply** → Internships can start throughout the year

Make sure your stay abroad fits your curriculum:

- Internships = 10 ECTS – 15 ECTS
- Consult with student advisor
- Arrange recognition of ECTS before you leave
- Also for extracurricular stay abroad

# Scholarships for internships

## **Erasmus grant**

- Fulltime internship (*min. 35hrs/week*) within Europe, minimum of 2 months
- Also possible after graduation
- Allowance depends on the destination / max. 12 months
- UK: Erasmus grant for maximum of 100 days

## **Individual travel grant**

- Minimum of 2 months
- Mostly used outside Europe, minimum of 2 months
- Allowance outside Europe €300,- a month / max. 4 months

## FINDING AN INTERNSHIP

# How to find an internship

- Radboud Career Platform
- Companies of your interest: Check their job-board or send open application
- Some organisations that offers internships or help you find one are
- Your own network / LinkedIn
- Career Events



# Study abroad vs. internship

## Study abroad

- University environment
- Help with application, grant, housing etc. from host university
- You will study with peers who have the same expectations

## Internship abroad

- You arrange a lot yourself (housing/visa)
- Active attitude in making friends / social contact
- Working life 9 to 5
- Workexperience in an international professional network

# Checklist

- ☐ Does an internship fit into your programme?
  - ☐ *Make an appointment with the student advisor*
- ☐ Start your search
  - ☐ *Make an appointment with Career Service for guidance if needed*
- ☐ Follow steps website Career Service: internship approval in Osiris Zaak ➡ grant application in Osiris

## Take care of

- ☐ Housing
- ☐ Insurances
- ☐ Visa
- ☐ Work permit – internship agreement
- ☐ Transport
- ☐ Optional: sublet your room in Nijmegen
- ☐ Language course
- ☐ Duo
- ☐ Grants - scholarships
- ☐ Budget - financial means
- ☐ Cultural differences checks (do's and don'ts)

# Student experiences

- **Béla Boxman**

*Research Master Historical, Literary and Cultural Studies*

Internship in Suwon, South Korea – Ajou University

- **Anouk Stevens**

*Research Master Historical, Literary and Cultural Studies*

Internship in Odense, Denmark – University of Southern Denmark

- **Iris van Vlimmeren**

*Research Master Historical, Literary and Cultural Studies*

Internship in Barcelona, Spain – Universidad Pompeu Fabre

*Previously done BA GES Internship in Willemstad, Curaçao*

Feel free to connect  
on [LinkedIn](#)



# Need help?

## **Office hours**

**Linsey van den Heuvel & Amy Ruiters**

Make an appointment via the International Office Arts website

## **Office hours**

**Margriet Joosten & Amy Ruiters**

Make an appointment via the Career Service Arts website