Studying and internships abroad: how do you go about it?

Beate Durlinger and Nataša Bračko
International Mobility Office Coordinators
Nijmegen School of Management
Some numbers

Incoming exchange students

Outgoing exchange students

Number of Erasmus and bilateral agreements: ± 300 in about 53 countries
A step-by-step plan in 7 easy questions and answers

1. Why study abroad?
2. Opportunities?
3. Where can I go?
4. When should I go?
5. Which steps do I take?
6. What will it cost?
7. Whom should I contact?

www.ru.nl/nsm/imo
1. Why study abroad?

• Why not?!
• Academic and personal growth
• Study or Internship
• Resumé, international job market
• International network
• Life abroad (university, city, life in general)
• A unique experience!

www.ru.nl/nsm/imo
Video on studying abroad
2. Opportunities?

- Study abroad
  - Erasmus+
  - ISEP
  - Bilateral contract

- Internship abroad

- Summer schools (35 grants per year)

- Research (Individual Travel Grant)

- An internship grant after graduation
3. Where can I go?

Contracts per field of study

- Public administration
- Economics
- Business Administration
- Human Geography and Spatial Planning
- Political Science
- NSM
- RU

Check [www.ru.nl/nsm/goabroad](http://www.ru.nl/nsm/goabroad)
Interested in studying in the United States?

Some options are:

ISEP: [www.ru.nl/isep](http://www.ru.nl/isep)
Information meeting:
Date: 17 October 2019
Time: 12:30 to 13:15 hrs.
Location: Erasmus building, room 2.50

or

Fulbright: [www.fulbright.nl](http://www.fulbright.nl)
Internship

• Any time of the year

• Anywhere you want to go

• Find an internship yourself: e.g. through AIESEC or (for Business Administration) ‘Bedrijfskunde Informatiepunt Stage’ (BIS) or contact Career Service NSM

• Ask your Examining Board if and how many credits you can get for your internship

• Within Europe and more than 2 months: Erasmus+ grant

• Outside of Europe and more than 2 months: Individual Travel Grant

• Special Erasmus grant for internship after graduation!
Research abroad

Are you going to conduct a research project abroad?

You may be eligible for a grant!

The Central International Office provides an Individual Travel Grant for students who are conducting their research abroad.

More information on our website.
4. When should I go?

- Depending on personal situation/study
- Semester preference (for internships no set dates)
- Electives / substitution of courses
- Make sure your study programme is approved by your study advisor

IF NOT NOW... WHEN?
5. Which steps do I take?

How to apply for a study abroad?

How to apply for an internship abroad?

How to apply for research abroad?

Contacts:

Study Advisors:  
www.ru.nl/nsm/studyadvisors

International Mobility Office:  
www.ru.nl/nsm/imo/outgoing_students/study-abroad/
What do you need? A strong plan and a positive attitude!

• Start planning in time (about 1 year ahead)

• Consult your study advisor or professor

• Don’t be discouraged!
  (lots of paperwork, but no rocket science…)

• Talk to fellow students
  - students who have been abroad
  - international students studying at NSM

• Come see us at IMO!
Students’ Experiences

IMO website: www.ru.nl/nsm/imo/studentsexperiences
Planning: Application Deadlines

• Submit your application in Osiris

• Non-European destinations: **1 February**
  • European (Erasmus) destination: **1 March**

• Selection based on motivation letter, grades and English level
  • Missed the deadline? Remaining places; first come, first served

• For IEB / IBA different deadlines apply:
  • Contact Charissa van Mourik ([c.vanmourik@fm.ru.nl](mailto:c.vanmourik@fm.ru.nl))

• No deadlines for applications for internships and research abroad. However, do apply in time for the grants (if applicable)
Application via Osiris

On this page you can apply for studying abroad or doing an internship abroad. Please make sure you have contacted the International Office of your faculty or your internationalisation coordinator before you submit a new request for a stay abroad.

On the website of the International Office you can find all information you need to know about the procedures and available options.

By clicking on 'new request' you will start your application procedure. Below you will find an overview of your requests for a stay abroad and its status. By clicking on ‘details’ you can find specific information about your request. Under progress you can find the status of your application.

Please make sure your personal details you have provided in Osiris are up to date.

<table>
<thead>
<tr>
<th>Type</th>
<th>Degree programme</th>
<th>Period</th>
<th>Status</th>
<th>Decision</th>
<th>Progress</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Abroad</td>
<td>BAP History</td>
<td>01/02/2017 until 01/04/2017</td>
<td>Not yet submitted</td>
<td></td>
<td>Step 0 of 1 (More info)</td>
</tr>
<tr>
<td>Study Abroad</td>
<td>BAP History</td>
<td>01/09/2016 until 01/01/2017</td>
<td>In progress</td>
<td></td>
<td>Step 1 of 1 (More info)</td>
</tr>
</tbody>
</table>
Application via Osiris

1. When do you want to go abroad?
   - Semester 1

2. Have you contacted your International Office / Study abroad coordinator about your application?
   - Yes
   - No

3. What is the language of instruction of the courses you will take at your host university?
   - English and Russian

4. Please indicate the number of credits you expect to have acquired at the start of your stay abroad
   - 00

5. Please fill out your IBAN number
   - NL99RABO123456

6. Would you like to sublet your room during your stay abroad via the International Office?
   - Yes
   - No

---

Home  Save  Help
Support offered by NSM English Language Consultant

Who: Michelle Mellion-Doorewaard, MA, English native-speaker

What: for advice on how to improve your English

When: Consultation hrs. on Thurs. afternoons by appt. only

Where: Office located at EOS 03.514

Why:
• preparing for TOEFL/IELTS exams
• writing Bachelor’s thesis in English
• giving presentations in English
• enrolling in optional Business English Cambridge course for BEC Higher C1 level
• asking for advice which course to take at university’s language centre
• receive English proficiency testing before studying abroad (see website IMO)

Contact her by e-mail at m.mellion@fm.ru.nl or phone at 024 3611262
What happens once I am selected?

• IMO will inform you about your selection.

• IMO will nominate you at the partner university or at the Central International Office.

• Host university provides you with their registration procedure

• If you are eligible for a grant (Erasmus+, Individual Travel Grant or Holland Scholarship) IMO will indicate this in your application in Osiris and the Central International Office will take it from there.

In all cases: read all information carefully and check the deadlines!
6. What will it cost?

Depends on the country and your own plans!

- No tuition fee at host university
- Sublet your room
- Restitution “OV-chip card”
- Erasmus+, Individual Travel Grant or Holland Scholarship Grant, see www.ru.nl/studyabroadgrants
- Invest in your future!
7. Whom do I contact when I have questions?

- Check our website: [https://www.ru.nl/nsm/imo/outgoing-students/](https://www.ru.nl/nsm/imo/outgoing-students/)
- Send an email: [imo@fm.ru.nl](mailto:imo@fm.ru.nl) or use our Chatbox
- Come see us in the Elinor Ostrom building (make an appointment through our [website](https://www.ru.nl/nsm/imo/outgoing-students/))
- Ask your study advisor
- Read testimonials by students who studied abroad
International Mobility Office

Opening hours:
Monday through Thursday: 11 am - 12 pm
(by appointment only) and
1 pm - 3 pm
Friday: closed for appointments

Coordinators:
Beate Durlinger
Nataša Bračko
Mathijs Ambaum (student assistant)

Website: www.ru.nl/nsm/imo
Email: imo@fm.ru.nl
A Student Experience Abroad:

• Hanneke Brouwers
• Bachelor of Public Administration
• Study Abroad:
  Andrzej Frycz Modrzewski Krakow University
  Krakow, Poland
Erasmus in Krakow
Andrzej Frycz Modrzewski Krakow University

Hanneke Brouwers
Public Administration
Why study abroad?

• Great experience
• Meet new people
• Change your surroundings
• Improve your English
Practical things

• Housing
  - Provided by university
  - Housing agency
  - Facebook e.d.

• Learning the language?

• Buddy?
Why Krakow?

• Something different
• Lower costs of living
• Great city
• Interesting courses provided by the university
• Lots of Erasmus students
The university

- Andrzej Frycz Modrzewski Krakow University (AFM)
- Small, private university
- A lot of contact hours
- Small groups
- Examination: exam, presentation and/or essay
- Lower level of education
Free time

- Discover the city
- Discover Poland
- Go abroad!
- ESN discounts (Flixbus, Ryanair)
Tel Aviv/Jeruzalem

Prague

Stockholm

Jordan/Dead Sea
FRIENDS!!

- Great people
- After Erasmus: free accommodation across Europe (and beyond)! 
Career Service Managementwetenschappen

Improve your Dutch or English CV by having it checked at our office.
Career Service Nijmegen School of Management

Visit our Career Platform:
• CV and letter checks
• Internships and job vacancies
• Workshops
• Career advice and support
• Career events

www.ru.nl/nsm/careerservice
careerservice@fm.ru.nl

Career Service Managementwetenschappen

Radboud University