Join Radboud Summer School 2018!

An Introduction to Clinical Psychological Practice

change perspective

Radboud University
An Introduction to Clinical Psychological Practice

This unique Radboud Summer School will provide you with hands- and heads-on knowledge and experience with evidence-based techniques as well as experimental innovative interventions for the treatment of anxiety and depression. The programme includes exposure techniques, behavioural activation, mindfulness, imagery rescripting, worry and memory training, cognitive restructuring, cognitive bias modification. These interventions will be introduced by expert researchers in the field against a background of the latest scientific insights. You will also get hands-on experience with these techniques and you will be practicing under the guidance of expert clinicians.

Anxiety disorders and depression are among the most common mental illnesses in the world, putting a high burden on individual well-being as well as society. All clinical psychologists will come across depression and anxiety, and a sound understanding of these psychopathologies is crucial for any aspiring clinical therapist. The course will help you prepare for a future career in clinical psychology, and will help shape the scientist-practitioner in you!

In short, whether you are a student, researcher, or novice practician with a basic understanding of clinical psychology, if you want to advance your practical skills and theoretical knowledge of anxiety and depression, this course is right for you!

The course will be provided by the Radboud University in collaboration with expert clinicians and leading researchers from Pro Persona, Radboud University Medical Centre, KU Leuven, Ghent University, and the University of Copenhagen.

For whom is this course designed
Everyone with at least a basic understanding of psychopathology and who would like to learn more about the theory and practice regarding the treatment of anxiety and depression. The course provides on hands-on experience with evidence-based and innovative techniques in clinical practice against a critical scientific background.

After this course you are able to
- Understand the theoretical underpinnings of current clinical techniques and interventions in anxiety and depression.
- Apply clinical techniques at a basic level in preparation of formal clinical training.
- Critically reflect on the use of established
and new clinical techniques in the treatment of depression and anxiety.
• Think like a scientist-practitioner by integrating theoretical insight with clinical application.

**Admission documents**
Motivation letter and CV

**Number of EC**
2 ECTS credits

**Entry level**
Advanced Bachelor, Master, PhD, Post-doc and Professional

**Course leaders**
Nessa Ikani, PhD student, Clinical Psychology
Naline Geurtzen, PhD Candidate, Clinical Psychology
Julie Krans, Guest-Researcher, Experimental Psychopathology and Treatment (BSI), Radboud University

**Course fee**
€525

**Discounts**
• 15% discount for students and PhD candidates from partner universities.

**Dates**
Monday 13 August – Friday 17 August 2018

**Deadline application**
1 June 2018
Want to be part of the RSS experience?

More than just a course!
Radboud Summer School is more than an academic event. It is a unique opportunity to meet other international students and researchers and to get to know Radboud University and the city of Nijmegen. Our participants come from all over the world and have different cultural and academic backgrounds. Our programme includes the following activities free of charge: welcome reception, guest lecture and farewell drink. We offer sports activities, a BBQ, a river cruise on a Pancake Boat and a city tour for a small fee.

Have a look at what participants have said about their experience!

Contact
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You can more details about the courses on our website

www.ru.nl/radboudsummerschool, 5-17 August 2018