Join Radboud Summer School 2019!

Clinical Skills in the Treatment of Anxiety and Depression

change perspective

Radboud University
Considering a future in clinical psychology? Anxiety disorders and depression are among the most common mental illnesses in the world, putting a high burden on individual well-being as well as society. All clinical psychologists will come across depression and anxiety, and a sound understanding of these psychopathologies is crucial for any aspiring clinical therapist.

This unique course will provide you with hands-and heads-on knowledge and experience with evidence-based techniques as well as experimental innovative interventions for the treatment of anxiety and depression. The programme includes exposure techniques, behavioural activation, mindfulness, imagery rescripting, worry and memory training, cognitive restructuring and cognitive bias modification. These interventions will be introduced by expert researchers in the field against a background of the latest scientific insights. The course will help you prepare for a future career in clinical psychology, and will help shape the scientist-practitioner in you!

After this course you are able to
- Understand the theoretical underpinnings of current clinical techniques and interventions in anxiety and depression
- Critically reflect on the use of established and new clinical techniques in the treatment of depression and anxiety
- Think like a scientist-practitioner by integrating theory with clinical application
- Apply clinical techniques at a basic level in preparation of formal clinical training

Number of EC
2 ECTS credits

Course leaders
Naline Geurtzen & Nessa Ikani
Clinical Psychology/Experimental Psychopathology and Treatment
Radboud University
Admission documents
Motivation letter and CV

Entry level
Advanced Bachelor, Master, PhD, Postdoc and Professional

This course is designed for
Everyone with an interest in clinical psychology and who would like to integrate theoretical knowledge regarding anxiety and depression with the application/implementation of techniques in clinical practice

You can find more details about this course on our website

Course date
Monday 12 August - Friday 16 August 2019

Course fee
€ 525

Deadline application
1 June 2019

Discounts
• 10% discount for early bird applicants. The early bird deadline is 1 March 2019.
• 15% discount for students and PhD candidates from partner universities.
Please note that these discounts can be combined if you apply before 1 March 2019.

Apply now!
What is the RSS experience?

RSS is more than just a course!

Radboud Summer School offers you a unique opportunity to meet other students and researchers from all over the world with different cultural and academic backgrounds. You will also get to know Radboud University and the city of Nijmegen. Our social programme includes a welcome reception, guest lecture and farewell drinks. And for a small fee you can join our BBQ, River Cruise on a pancake boat, a Pub Quiz, Sports Activities or a City Game.

Want to know more?
Have a look at what participants have said about their experience on our website!

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www.ru.nl/radboudsummerschool